

# **Menu 1 Examples**

## **Mains**

1. Slow cooked beef ragu with parmesan, garlic bread, green salad and roast potatoes
2. Lamb tagine with Mediterranean vegetables and Moroccan cous cous
3. Chicken and vegetable Madras/Dhansak with pilau rice, minted yoghurt and naan bread
4. Italian style meatballs in a creamy tomato sauce served with tagliatelle
5. Rich pork casserole, with winter veg and herby butter beans
6. Chilli con carne with rice, grated cheese and zingy salsa salad
7. Chicken and leak pie with mash potato and greens
8. Filling fish pie with seasonal greens
9. Mushroom and pork stroganoff with rice
10. Roast chicken breast with roast potatoes and root vegetables

**Vegetarian options of the dishes are available, generally swapping out the meat and adding something else**

## **Desserts**

1. Tiramisu
2. Mango and lime cheesecake
3. Coconut and almond panna cotta
4. Tarte tatin
5. Chocolate brownie with crème anglaise
6. Sticky toffee pudding with vanilla Ice cream
7. Panna cotta with red fruit coulis
8. Millionaires' shortbread
9. Strawberry and apple crumble with crème fraiche
10. Chocolate Fondant with ice cream